

Joi Health Report



PREPARED FOR

JANE DOE

12.12.1990

DATE COLLECTED

07.24.2024

LAB

WOMEN'S COMPLETE HORMONE PANEL

Feel
better,
live
longer





Introduction

An introduction to Functional Blood Chemistry Analysis and your Joi Health Report (JHR).

WHAT'S INSIDE

Joi Optimization Score (JOS)
Blood Test Results

MISSION

We are on a mission to empower you to feel better and live longer. It starts with a deep dive into your biology. While understanding your biomarkers is vital, it's equally important to consider your symptoms and how they impact your day-to-day life. Our approach couples the quantitative and qualitative data to then create a comprehensive, actionable plan customized to your specific needs and goals.

OVERVIEW

Below are five details you should know before reading your Joi Health Report. If markers seem unfamiliar or not aligned, rest assured that this will be covered in your review:

1. Unlike reactive-based medicine, which often focuses on treating symptoms or illnesses, our approach is tailored to you, centered on proactive care and optimal ranges.
2. If your lab values are outside optimal ranges, this may not mean you have a specific dysfunction present but rather a suboptimal area that may benefit from support.
3. These interpretations are guides. We aim to help move your biomarkers towards optimal levels, prevent system dysfunctions, and help you function at your best.
4. Your labs are meticulously reviewed by our highly skilled clinical team. This ensures we can clear you for therapies and determine if an intervention is recommended. Rest assured, all areas of importance will be thoroughly covered in your 1:1 consult with your clinician or coach.
5. Any prescription that is deemed necessary will be prescribed by your licensed clinician.



Analytics

A full breakdown of your biomarker results, showing where each biomarker lies within optimal range.

JANE DOE

Joi Optimization Score (JOS)

48 biomarkers analyzed

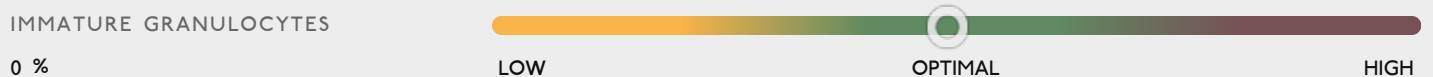
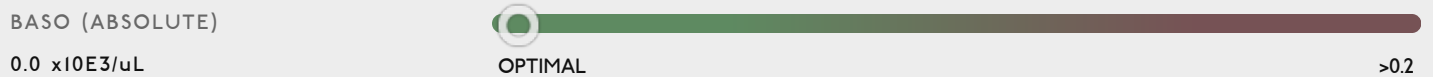
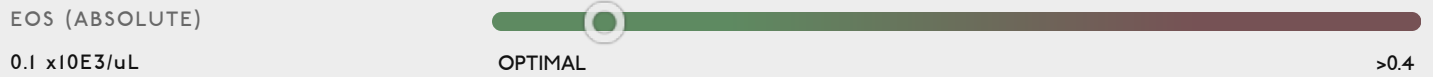
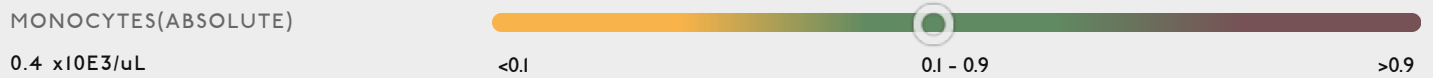
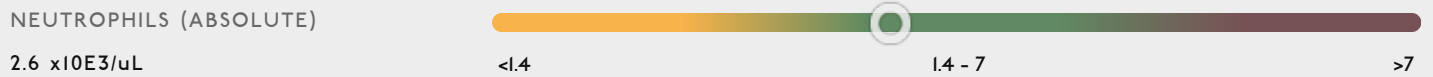
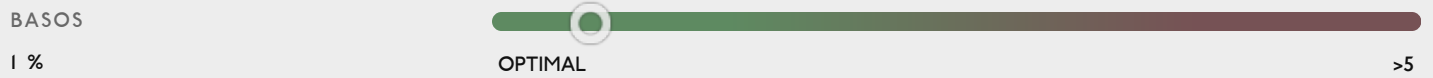
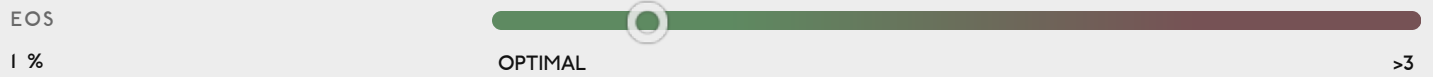
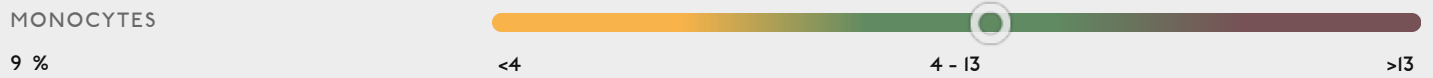
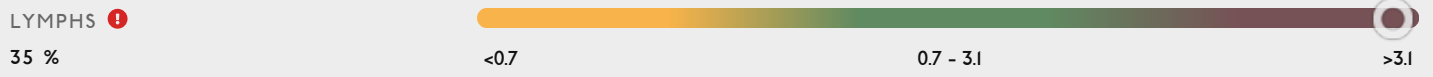
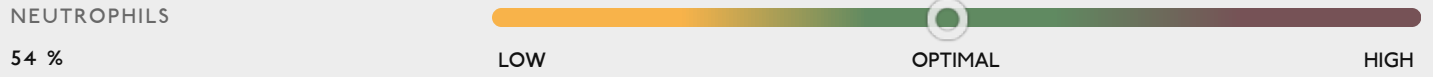
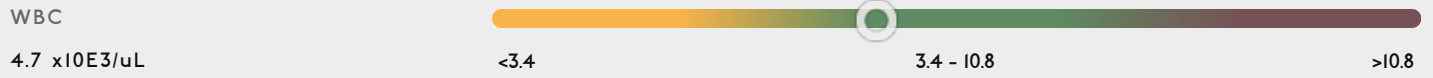
83%

6%

10%

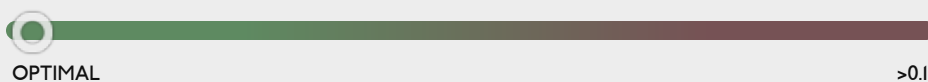
	SUB-OPTIMAL RANGE	3 MARKERS
	OPTIMAL RANGE	40 MARKERS
	HIGH RANGE	5 MARKERS

WBCS



IMMATURE GRANS (ABS)

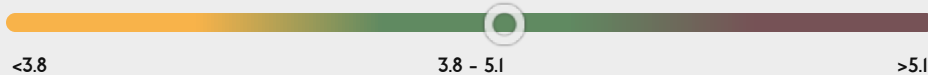
0.0 x10E3/uL



CBC

RBC

4.51 x10E6/uL



HEMOGLOBIN

13.0 g/dL



HEMATOCRIT

40.3 %



MCV

89 fL



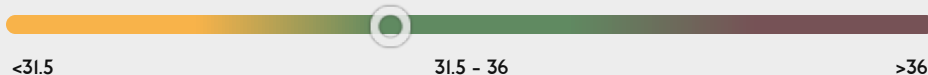
MCH

28.8 pg



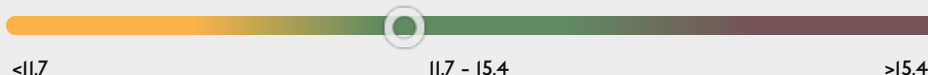
MCHC

32.3 g/dL



RDW

12.6 %



PLATELETS

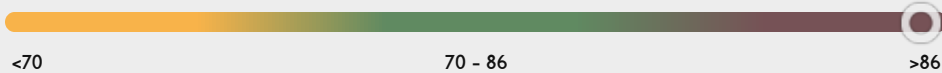
278 x10E3/uL



BLOOD GLUCOSE

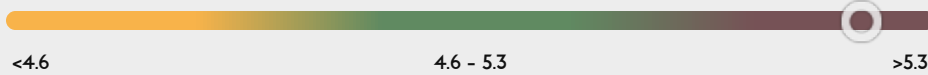
GLUCOSE !

109 mg/dL

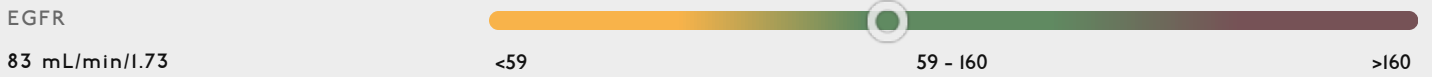
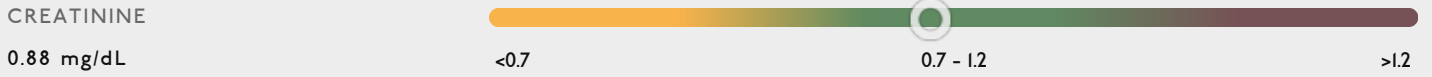
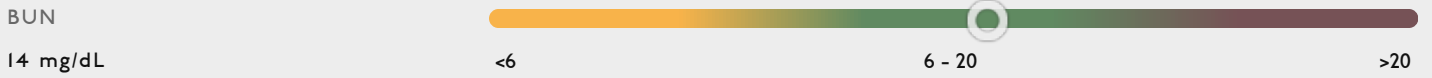


HEMOGLOBIN A1C !

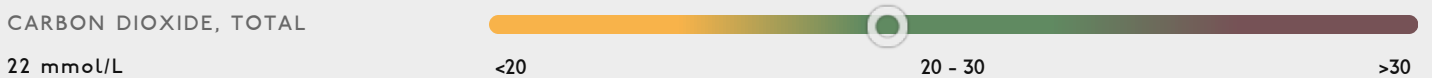
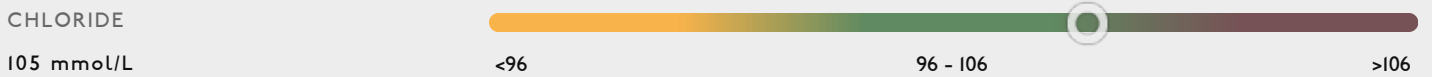
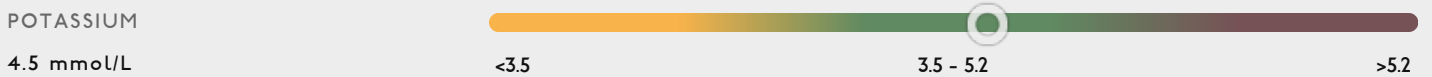
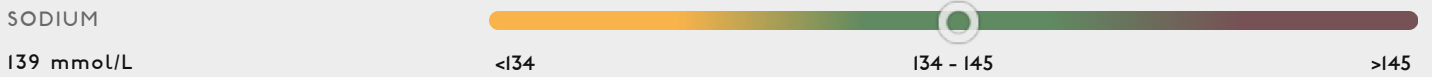
5.8 %



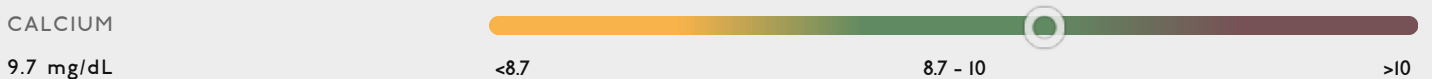
KIDNEY



ELECTROLYTES



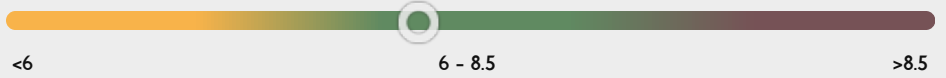
MINERALS



PROTEINS

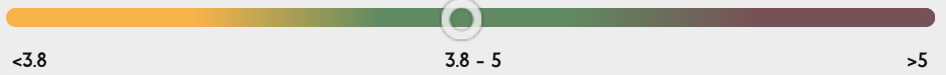
PROTEIN, TOTAL

6.7 g/dL



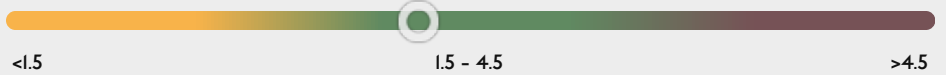
ALBUMIN

4.3 g/dL



GLOBULIN, TOTAL

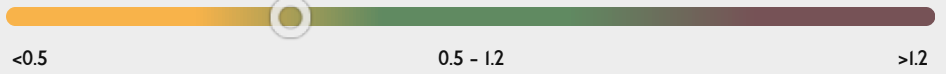
2.4 g/dL



LIVER AND GB

BILIRUBIN, TOTAL !

0.4 mg/dL



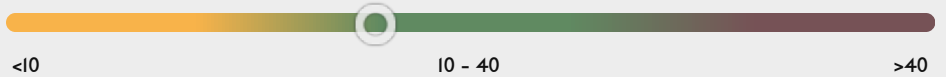
ALKALINE PHOSPHATASE

72 IU/L



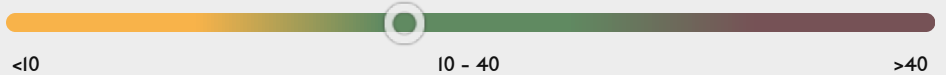
AST (SGOT)

15 IU/L



ALT (SGPT)

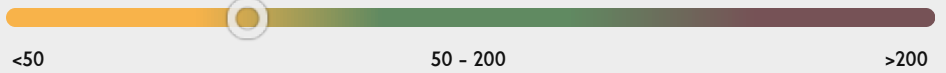
16 IU/L



HORMONES

TESTOSTERONE !

12 ng/dL



SEX HORM BINDING GLOB, SE

80.7 nmol/L



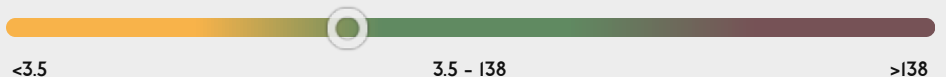
TESTOST., FREE, CALC !

1.2 pg/mL



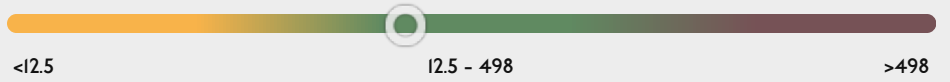
FSH

6.3 mIU/mL



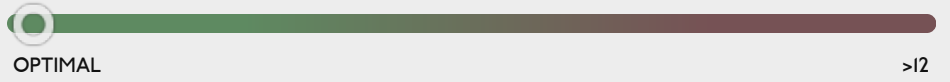
ESTRADIOL

124.0 pg/mL



PROGESTERONE

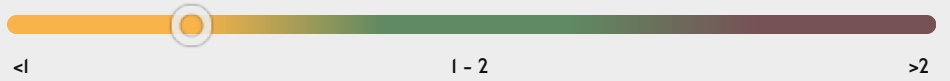
0.2 ng/mL



THYROID

TSH !

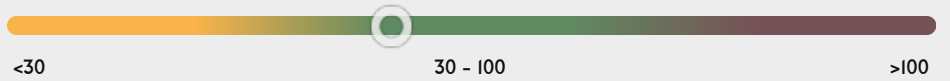
0.556 uIU/mL



VITAMINS

VITAMIN D, 25-HYDROXY

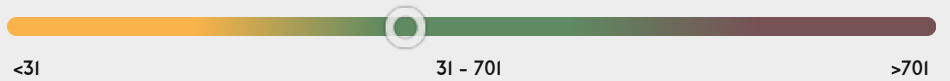
42.8 ng/mL



OTHER

DEHYDROEPIANDROSTERONE (D

170 ng/dL



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